

# BHP – HOA Fitness Center Rules

9/29/20

Below are the revised specific Covid-19 rules approved at the Board Meeting. Please replace this for the previously distributed set of rules. However, the sample sign in sheet and blank waiver are still valid.

Again, the waiver must be signed and filed with DiLucia prior to Fitness Center use. If you already signed the waiver for using the pool you do not need to sign another waiver. If you do not have a copy of the waiver you may print it from our BHP-HOA.com website or obtain it from DiLucia.

The Fitness Center will open on ????????

These Covid-19 rules are in addition to our published Clubhouse rules.

Thank you,

Your BHP-HOA Board

Below are the rules:

It is recognized that because of our size the BHP-HOA Fitness Center does not meet the description of a gym which must follow the guidelines of Executive Order #181. However, even though we fit the non-“Health Club” status under law, it is the intention of the BHP-HOA to follow as closely as practicable those guidelines from EO #181.

Use of the gym is a privilege and not a guarantee. Users must be aware that violations will lead to loss of their Clubhouse privileges, key cards being turned off and/or possibly the closing of the fitness center entirely.

The Board reserves the right to make changes to these rules without notice.

Therefore, our Fitness Center is opening under the following guidelines, all of which will be STRICTLY ENFORCED:

1. Residents 18 years or older may use the Fitness Center. No Guests are allowed.
2. Capacity – There is a limit of 3 persons in the Fitness Center at any one time.
3. Time Limit – Each person is limited to One Hour of use from time of sign in.
  - a. If after your sign in hour there is room, you may remain longer but must leave as soon as other Users arrive to use the Fitness Center.
  - b. If you arrive at the Fitness Center and it is at capacity, you may enter your name for the next available hour after the latest current user’s sign in time. You must, however, show up to use the Fitness Center at your available hour or lose its place.
  - c. There is a 30 minute time limit for the use of any piece of equipment.
4. Waiver – Each household must have a signed waiver on file with DiLucia prior to using the Fitness Center.
5. Contact Tracing/ User list – Users must sign in using the User Sign-In sheet at the Fitness Center and self-register. These Sign-In sheets will be monitored to assure sign in, and the logs will be collected daily and filed with Dilucia.
6. Users must complete the following information on the Sign-In sheet: date, name, address, key card number, time they signed in, time they signed out, check that they sanitized equipment before and after use, check

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that they have read and reviewed the following Covid-19 protocol questions and that they answered them all as a No:

- a. Have you experienced any of the following symptoms in the past 48 hours:
  - fever or chills
  - cough
  - shortness of breath or difficulty breathing
  - fatigue
  - muscle or body aches
  - headache
  - new loss of taste or smell
  - sore throat
  - congestion or runny nose
  - nausea or vomiting
  - diarrhea
- b. Are you currently coughing or sneezing?
- c. Are you under investigation for Covid-19?
- d. Within the past 14 days, have you been in close physical contact (6 feet or closer for at least 15 minutes) with a person who is known to have laboratory-confirmed COVID-19 or with anyone who has any symptoms consistent with COVID-19?
- e. Are you isolating or quarantining because you may have been exposed to a person with COVID-19 or are worried that you may be sick with COVID-19?
- f. Are you currently waiting on the results of a COVID-19 test?
- g. If any Answer is yes, the User must immediately leave the Fitness Center, Not use any equipment and Not return until such time as they can answer no to all the questions.

7. **Masks –** Masks are worn to protect others. Due to the smaller size of our Fitness Center we always require that masks be worn with one exception - if you are alone or with another household member, you may work out with a lowered mask. However, as soon as another nonhousehold member enters the Fitness Center, the mask must be again worn. As stated before, this is to protect others who are sharing the Fitness Center with you.
8. **Equipment –** One treadmill, elliptical, bike and the weight machine will be available. All other machines will be roped off for nonuse. Social distancing and six-foot separation of all equipment is in effect.
9. **Sanitation –** each User must sanitize the used equipment prior to and after each use and check off on the sign in sheet that they have done so at the end of their session. This sanitation includes the TVs and their remotes.
10. **Bathrooms –**No more than 2 people in a restroom at a time, users must sanitize. Showers and Water fountains remain closed.
11. **Hours of Operations -** Initially gym hours are curtailed to 5am – 8pm.
12. **Monitoring –** The key card use will be checked against the registration list as well as video from the gym analyzed as needed to check that Users are following all the special Covid-19 Fitness Center rules.